



MY HEALTH RECORD

FACT SHEET

WHAT IS MY HEALTH RECORD?

My Health Record is a secure online summary of an individual's health information. It allows timely access to information for health providers and patients from any location, provided that there is an internet connection.

Since its introduction in 2012, the quality and type of health information available in the My Health Record has increased. Shared health summaries, pathology and diagnostic imaging reports, consolidated medication information, event summaries, MBS/PBS, Hospital Discharge Reports and patient-entered information contribute to a valuable resource for both your regular and visiting patients.

WHY IS MY HEALTH RECORD IMPORTANT FOR RURAL GENERALISTS?

Over 23 million Australians have a My Health Record. Rural Generalists who are accessing My Health Record report it is a useful tool in providing safer care by gaining accurate and timely information, and facilitating collaboration with other medical practitioners.

My Health Record is becoming the 'information glue' that supports a patient's journey through the health system. Key health data is being added to a consolidated and curated set of summary health information. This means less phone calls, faxing and chasing other health providers for information.

WHAT UPDATES ARE BEING MADE?

- Rural doctors can now view pathology and diagnostic reports, with results sent automatically to a patient's record.
- Medicines information view collates medicines information from a number of sources and displays it in a summarised manner.
- Pharmacist Shared Medicines List (PSML), where a curated summary of current medications prescribed, along with over the counter medicines, is uploaded by a pharmacist.

Learn more at myhealthrecord.gov.au.

EXAMPLE CASE STUDY

- ◇ Patient has type 2 diabetes and glaucoma. Their regular GP has recently diagnosed hypertension in that patient and uploads a Shared Health Summary to their My Health Record which includes this diagnosis and the new medication.
- ◇ Patient visits son in Darwin, has a headache and is brought to the hospital.
- ◇ Hospital accesses MHR, views the recent Shared Health Summary and sees patient has recently been diagnosed with hypertension and prescribed anti-hypertensive medication.
- ◇ Hospital staff check prescribed medication in the Medications view within My Health Record, check PBS activity and notes the new medication has not been dispensed - patient has forgotten to pick up the new script.
- ◇ Patient is admitted to hospital for observation and is given a new script for the same medication.
- ◇ Patient's MHR is updated with a hospital discharge summary.
- ◇ Patient's GP checks MHR during next visit and can see the discharge summary with details of the hospital admission.

MORE INFORMATION

EDUCATION & TRAINING RESOURCES

To learn more about how My Health Record can assist rural clinicians to deliver better care, visit acrrm.org.au/myhealthrecord to access our online course *Digital Health in Rural and Remote Australia - Better Health, Easier to Deliver*.

In addition, a suite of resources, videos and webinar recordings can also be found on our website.

MY HEALTH RECORD SIMULATION ENVIRONMENT

There are a number of practice management systems available to trial before using the system in a live environment. Search clinical software simulators and demonstrations at myhealthrecord.gov.au.

CONTACT US

For more information on My Health Record, email health@acrrm.org.au.

ON YOUR ROAD TO RURAL GENERALIST
MEDICINE, CHOOSE ACRRM

To find out more, visit us online at acrrm.org.au/myhealthrecord

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