

CPD Program-level requirement:

Culturally Safe Practice

Australian doctors must dedicate part of their annual CPD time to fostering Culturally Safe Practice. This requires completing at least one relevant CPD activity each year that addresses this requirement and aligns with their specific scope of practice.

All program-level CPD requirements are aligned to the Australian Medical Council's **Good medical practice: a code of conduct for doctors in Australia** (the code). It is suggested to start there when starting to plan CPD activities that are aligned with these requirements.

The code states that cultural safety: “*acknowledges the social, economic, cultural, historic and behavioural factors influencing the health of individuals, communities and populations, and involves understanding what individual patients and/or their family believe is culturally safe*”.

Meeting Cultural Safety, as stated by (the code) requires:

- understanding how your own culture, values, attitudes, assumptions, and beliefs influence your interactions
- respecting the diverse cultures, beliefs, gender identities, sexualities, and experiences of people
- a genuine effort to adapt your practice
- avoiding bias, discrimination and racism
- challenging assumptions that may be based on, for example, gender, disability, race, ethnicity, religion, sexuality, age or political beliefs

How ACRRM CPD meets cultural safety

ACRRM prioritises culturally safe care for Aboriginal and Torres Strait Islander Peoples and diverse communities through its curriculum, practice domains and CPD program. This focus aims to achieve better health and wellbeing for all, guided by respect, understanding and a strengths-based approach.

ACRRM Accredited CPD Activities

Search for ACRRM's accredited online and face-to-face courses that are available via the Search function on the College website at acrrm.org.au/courses. Look for the green tick to find a course with content meeting the program-level requirement of culturally safe practice.

✓ Culturally safe practice 

Self-directed activities

The following self-directed activities align to meeting the requirements of cultural safety:

- conferences
- supervision of registrars
- patient feedback

Program-level requirements can be selected when submitting your self-directed activities through your ACRRM CPD Home.

How do I get more information about meeting my CPD requirements?

For more information and guidance on meeting the Culturally Safe Practice program-level requirement, view the ACRRM CPD Handbook. The ACRRM CPD Committee is available to provide additional guidance or advice on developing and improving your practice in line with the guidelines of this program level requirement, to seek advice please contact the ACRRM Member Services team on 1800 223 226 or via cpd@acrrm.org.au