Advanced Specialised Training (AST)

AST REMOTE MEDICINE

This information sheet is designed to give a short summary of requirements for the AST in Remote Medicine.

Full curriculum, competencies, assessments and requirements for training posts can be found in detail in the AST Remote Medicine Handbook and the ACRRM Handbook for Fellowship Assessment.
These resources should be referenced prior to making an application to be an ACRRM accredited training post.

ACRRM has many supports available for both registrars and supervisors, including online learning resources, access to medical educators and mentorship.

If you have any enquiries please contact your allocated Training Program Advisor or ACRRM Training Team in your state.

Training Post Refer to AST Remote Medicine Handbook	Training must take place in an ACRRM AST accredited post, or combination of posts, in remote areas of MMM6-7 (MMM5 may be considered with pre-approval). Remote areas are characterised by limited access to all services, including medical services. A training post accredited for rural and remote Core Generalist Training may be suitable when located in an MMM area as above. Refer to AST Remote Medicine Handbook
Supervision	AST registrars completing project-based assessments will require specific medical, professional, and personal support and supervision arrangements. This will include: - A Specialist Principal supervisor must be nominated, who is overall responsible for the clinical and educational supervision of the registrar. Additional supervisors may be nominated to assist with supervision and leave coverage. - An *Academic supervisor* with an academic tertiary qualification and who may have a medical qualification must also be nominated for academic supervision and assistance with the remote medicine project. The Supervisor and Training Post Standards has further details on supervisor requirements.
Trainee Eligibility	Satisfactory completion of 12 months of ACRRM Core Generalist Training (CGT) (PGY2+) or PGY3+ for those doctors not in Fellowship training.
Suggested Prerequisites	Candidates should already have core generalist remote medicine knowledge and skills, as outlined in the Rural Generalist Curriculum before commencing this AST
Training Time	Minimum 12 months full time (FTE) or equivalent part time training at no less than 0.5FTE. The 12 months FTE is generally spent working full time in a remote clinical post. At a minimum, 0.8 FTE must be spent undertaking tasks in the clinical post and a maximum of 0.2 FTE undertaking work related to the project.
Education	**Average minimum of four hours of protected teaching time per week** should be spent engaged in educational activities related to the AST – see ACRRM Supervisor Guide. A record of education must be kept by the registrar and discussed with the Supervisor and ACRRM Medical Educator regularly throughout training. The education hours should be additional to the project work time.
Required Courses	Registrars supplement their learning by completing courses including ACRRM online courses with content relevant to remote medicine. Refer to the AST Remote Medicine Handbook.
Encouraged Courses	Registrars are encouraged to consider working towards relevant academic qualifications while undertaking this AST. Refer to the AST Remote Medicine Handbook.
AST Required Competencies	Advanced Specialised Training Remote Medicine competencies are outlined in the AST Remote Medicine Handbook and Rural Generalist Curriculum.
Onsite Assessments	Registrars must submit to ACRRM the following: **Four Supervisor reports** Plan and Progress Report Advanced Specialised Training should be completed by the registrar and supervisor every three months **Three Academic Supervisor reports -** AST Project Academic Supervisor Report at project proposal, at mid-project and at completed project stages to be submitted to ACRRM **Five Mini-Clinical Evaluation Exercises (Mini-CEXs)** spread across the year conducted - See MiniCEX Formative Scoring Form. **Five Case Based Discussions (CBD)** encouraged. See CBD forms for templates. See ACRRM Fellowship Assessment Handbook for further information
External Assessments	**Registrars must successfully complete a Project, during the AST, that relates to Remote Medicine.** Project should be original work (at or near Masters Level) completed by the registrar. All projects will require ethics approval. A candidate's AST Project Proposal Form and academic supervisor's report including details of ethics approval must be submitted to the College for review and approval by the Censor in Chief **before commencement** of the actual project. Completed projects must include submission of a piece of assessable written work of approximately 4000–5000 words in length. Refer to AST Remote Medicine Handbook and the ACRRM Handbook for Fellowship Assessment