

AST POPULATION HEALTH

This information sheet is designed to give a short summary of requirements for the AST in Population Health.

Full curriculum, competencies, assessments and requirements for training posts can be found in detail in the [AST Population Health Handbook](#) and the ACRRM [Handbook for Fellowship Assessment](#). These resources should be referenced prior to making an application to be an ACRRM accredited training post.

ACRRM has many supports available for both registrars and supervisors, including online learning resources, access to medical educators and mentorship.

If you have any enquiries please contact your allocated Training Program Advisor or [ACRRM Training Team in your state](#).

Training Post	<p>Training must take place in an ACRRM AST accredited post, or combination of posts, that have the caseload and teaching capacity to provide appropriate conditions to meet the curriculum requirements of this AST. Training could take place in</p> <ul style="list-style-type: none"> • a dedicated public population health service such as population health units or a public health centre or • in a post accredited by ACRRM for Core Generalist Training. <p>Institutions with established educational links to other institutions and involvement with undergraduate teaching and other vocational training would be highly desirable.</p> <p>Refer to the AST Population Health Handbook for features of suitable training posts.</p>
Supervision	<p>AST registrars will require specific medical, professional, and personal support and supervision arrangements. This will include:</p> <ul style="list-style-type: none"> • A Specialist Principal supervisor must be nominated, a doctor holding a Fellowship with Population Health qualifications or relevant experience, who is overall responsible for the clinical and educational supervision of the registrar. Additional supervisors may be nominated to assist with supervision and leave coverage. • An Academic supervisor with an academic tertiary qualification ideally in population or public health and who may have a medical qualification must also be available to the registrar (internal or external to training post) <p>The Supervisor and Training Post Standards has further details on supervisor requirements.</p>
Trainee Eligibility	<p>Satisfactory completion of 12 months Core Generalist Training component of ACRRM Fellowship training (PGY2+) or PGY3 for those doctors not in Fellowship training.</p>
Suggested Prerequisites	<p>Candidates should have core generalist population health knowledge and skills, as outlined in the Rural Generalist Curriculum before commencing this AST.</p>
Training Time	<p>Minimum 12 months full time (FTE) or equivalent part time training at no less than 0.5FTE</p> <p>The 12 months FTE is generally spent working full time in a clinical post. At a minimum, 0.8 FTE must be undertaking tasks in the clinical post and a maximum of 0.2 FTE undertaking work related to the project.</p>
Education	<p>Average minimum of four hours of protected teaching time per week should be spent engaged in educational activities related to the AST – see ACRRM Supervisor Guide.</p> <p>A record of education must be kept by the registrar and discussed with the Supervisor and ACRRM Medical Educator regularly throughout training.</p> <p>The education hours should be additional to the project work time</p>
Required Courses	<p>Registrars must successfully complete an Epidemiology course at Grad Cert level or higher.</p> <p>Learning to be supplemented by completing other academic courses or ACRRM online courses which have content relevant to Population Health, Refer to the AST Population Health Handbook</p>
Encouraged Courses	<p>Registrars are generally working towards or have completed academic qualifications in Population or Public Health or alternate university courses. Refer to the AST Population Health Handbook</p>
Required Competencies	<p>Advanced Specialised Training Population Health competencies are outlined in the AST Population Health Handbook and Rural Generalist Curriculum.</p>
Onsite Assessments	<p>Registrars must submit to ACRRM the following:</p> <p>Four Supervisor reports</p> <p>Plan and Progress Report Advanced Specialised Training should be completed by the registrar and supervisor every three months</p> <p>Three Academic Supervisor reports</p> <p>AST Project Academic Supervisor Report at project proposal, mid-project and at completed project stages.</p>
External Assessments to be submitted to ACRRM	<p>Registrars must successfully complete a Project, during the AST, that relates to Population Health.</p> <p>Project should be original work (at or near Masters Level) completed by the registrar.</p> <p>All projects will require ethics approval. A candidate's AST Project Proposal Form and AST Project Academic Supervisor Report including details of ethics approval must be submitted to the College for review and approval by the Censor in Chief before commencement of the actual project. Completed projects must include submission of a piece of assessable written work of approximately 4000–5000 words in length.</p> <p>Refer to AST Population Health Handbook and Fellowship Assessment Handbook</p>