

AST EMERGENCY MEDICINE

This information sheet is designed to give a short summary of requirements for the AST in Emergency Medicine.

Full curriculum, competencies, assessments and requirements for training posts can be found in detail in the [AST Emergency Medicine Handbook](#) and the ACRRM [Handbook for Fellowship Assessment](#). These resources should be referenced prior to making an application to be an ACRRM accredited training post.

ACRRM has many supports available for both registrars and supervisors, including online learning resources, access to medical educators and mentorship.

If you have any enquiries please contact your allocated Training Program Advisor or [ACRRM Training Team in your state](#).

Training Post	Training must take place in an ACRRM AST accredited hospital or hospital network that has the caseload and teaching capacity to provide appropriate experience and training in a sufficient range of emergency conditions to meet the requirements of this curriculum. Refer to the AST Emergency Medicine Handbook for features of suitable training posts.
Supervision	A Specialist Principal supervisor – a doctor holding a Fellowship of ACEM, FACRRM holding AST Emergency Medicine (or other Fellowship with relevant qualifications and experience) must be nominated, who is overall responsible for the clinical and educational supervision of the registrar. The Supervisor and Training Post Standards has further details on supervisor requirements. Additional supervisors may be nominated to assist with supervision and leave coverage.
Trainee Eligibility	Satisfactory completion of 12 months of Core Generalist Training component of ACRRM Fellowship training or be PGY3 for those doctors not in Fellowship training.
Suggested Prerequisites	Satisfactory completion of rotations in both an anaesthetics/intensive care unit (ICU) and paediatrics is strongly desirable.
Training Time	Minimum 12 months Full-Time Equivalent (FTE) or equivalent part time training at no less than 0.5FTE. Training may be broken into 2 or more blocks.
Education	Average minimum 4 hours of protected teaching time per week should be spent engaged in educational activities related to the AST - see ACRRM Supervisor Guide . A record of this education must be kept by the registrar and discussed with the Supervisor and ACRRM Medical Educator regularly throughout training. Registrars should participate in any ACEM education programs in addition to education tailored to the ACRRM AST curriculum.
Required Courses	Registrars must successfully complete or be a recognised instructor in one course from each of the three categories below, preferably before commencement of this AST, or be enrolled in these courses prior to commencement of AST year: Trauma: Early Management of Severe Trauma (EMST), or Emergency Trauma Management Course (ETM) Adult: Rural Emergency Skills Training (REST), or Adult Life Support Australian Resuscitation Council Level 2 (ALS2), or Emergency Life Support (ELS), or Advanced and Complex Medical Emergencies (ACME), or Effective Management of Anaesthetics Crises (EMAC). Paediatrics: Advanced Paediatrics Life Support (APLS) course, or Advanced Paediatric Emergency Medicine course (APEM).
Encouraged Courses	Emergency obstetric course such as Rural Emergency Obstetric Training (REOT) or Preparation in Maternity Safety (PIMS).
Onsite Assessments See Fellowship Assessment Handbook for further information.	Registrars must submit to ACRRM the following: <ul style="list-style-type: none"> Four Supervisor reports Plan and Progress Report Advanced Specialised Training should be completed by the registrar and supervisor every three months. Minimum of five Mini-Clinical Evaluation Exercises (Mini-CEXs) conducted by nominated supervisor or FACEM over the year and to include a reasonable range of consult types, age groups, both genders. See MiniCEX Formative Scoring Form. Two MiniCEXs may be replaced by Direct Observation of Procedural Skills. Five Case Based Discussions CBDs conducted by their supervisor. See ACRRM CBD forms. Completion of logbook AST EM Logbook
External Assessments	Registrars must gain a pass in an AST EM StAMPS examination. ACRRM run AST Emergency Medicine Structured Assessment using Multiple Patient Scenarios (StAMPS), an OSCE/viva voce style case-based college examination in which the candidate is given a community profile on which to base answers (AST EM Stampsville Profile). ACRRM provides Mock examinations prior to scheduled StAMPS exams. Refer to ACRRM Fellowship Assessment Handbook and ACRRM Rural Generalist Assessment Page for further information.