

AST ADULT INTERNAL MEDICINE (AIM)

This information sheet is designed to give a short summary of requirements for the AST in Adult Internal Medicine.

Full curriculum, competencies, assessments and requirements for training posts can be found in detail in the [AST AIM Handbook](#) and the ACRRM [Handbook for Fellowship Assessment](#). These resources should be referenced prior to making an application to be an ACRRM accredited training post.

ACRRM has many supports available for both registrars and supervisors, including online learning resources, access to medical educators and mentorship.

If you have any enquiries please contact your allocated Training Program Advisor or [ACRRM Training Team in your state](#).

Training Post	Training must take place in an ACRRM AST accredited post, or combination of posts, that have the caseload and teaching capacity to provide appropriate experience and training in a sufficient range of general and sub-specialty AIM conditions to meet the curriculum requirements of this AST. Refer to the AST AIM Handbook for features of suitable training posts.
Supervision	A Specialist Principal supervisor – a doctor holding a Fellowship of RACP, FACRRM holding AST AIM (or other Fellowship with relevant qualifications and experience) must be nominated, who is overall responsible for the clinical and educational supervision of the registrar. The Supervisor and Training Post Standards has further details on supervisor requirements. Additional supervisors may be nominated to assist with supervision and leave coverage.
Trainee Eligibility	Satisfactory completion of 12 months of the ACRRM Core Generalist Training (CGT) training or be PGY3+ for those doctors not in Fellowship training.
Suggested Prerequisites	Ideally this AST would be undertaken in years 3-4 of Fellowship Training. Completion of some rural training time will provide the registrar with the opportunity to gain the core AIM knowledge, skills and background experience with which to contextualise their Advanced AIM training.
Training Time	Minimum 12 months full time (FTE) or equivalent part time training at no less than 0.5FTE
Education	Average minimum of four hours of protected teaching time per week should be spent engaged in educational activities related to the AST – see ACRRM Supervisor Guide . A record of education must be kept by the registrar and discussed with the Supervisor and ACRRM Medical Educator regularly throughout training. Registrars should participate in the RACP registrar education program and education tailored to the AST curriculum. Registrars must attain skills in one or more advanced diagnostic and/or therapeutic procedures eg: exercise stress testing, Holter monitoring, ultrasound, endoscopy.
Required Courses	Registrars must successfully complete, or be a recognised instructor in, one of the following adult EM courses: o Rural Emergency Skills Training (REST), or o Adult Life Support Australian Resuscitation Council Level 2 (ALS2), or o Emergency Life Support (ELS), or o Advanced and Complex Medical Emergencies (ACME)
AST Required Competencies	Advanced Specialised Training Adult Internal Medicine competencies as well as Knowledge, Skills and Attributes, are outlined in the AST handbook and Rural Generalist Curriculum .
Onsite Assessments Refer to ACRRM Fellowship Assessment Handbook for further information	Registrars must submit to ACRRM the following: • Four Supervisor reports Plan and Progress Report Advanced Specialised Training should be completed by the registrar and supervisor every three months. • Five Mini-Clinical Evaluation Exercises (Mini-CEXs) spread across the year conducted by supervisor. See MiniCEX Formative Scoring Form . The MiniCEX consults should be undertaken progressively during training and include a range of types of consults, age groups and mix of genders. • Five Case Based Discussions (CBD) are encouraged. See CBD forms for templates.
External Assessments	Registrars must gain a pass in an AST AIM StAMPS examination. ACRRM run AST Adult Internal Medicine (AIM) Structured Assessment using Multiple Patient Scenarios (StAMPS) which is an OSCE/viva voce style case-based college examination in which the candidate is given a community profile (see AST AIM StAMPS profile) on which to base answers. ACRRM provides mock examinations prior to scheduled StAMPS exams. Refer to ACRRM Fellowship Assessment Handbook for further information.