Advanced Specialised Training (AST)



AST ACADEMIC PRACTICE

This information sheet is designed to give a short summary of requirements for the AST in Academic Practice.

Full curriculum, competencies, assessments and requirements for training posts can be found in detail in the AST Academic Practice Handbook and the ACRRM Handbook for Fellowship Assessment.

These resources should be referenced prior to making an application to be an ACRRM accredited training post.

ACRRM has many supports available for both registrars and supervisors, including online learning resources, access to medical educators and mentorship.

Γraining Post	Training must take place in an ACRRM AST accredited post, or combination of posts, that have the caseload and teaching capacity to provide appropriate conditions to meet the curriculum requirements of
	this AST. This may include a combination of posts that combine academic practice (teaching and research with clinical practice. Clinical practice may be undertaken in any ACRRM accredited Core Generalist Training (CGT) Post, or other posts as approved by ACRRM. See Supervisor and Training Post Standards Training will usually integrate academic practice experience with clinical practice experience, with approximately 50% in each practice area. Candidates seeking to undertake full time academic practice must seek permission from the College in advance.
Supervision	AST registrars will require specific medical, professional, and personal support and supervision arrangements. This will include:
	 A Specialist Principal supervisor must be nominated, who is overall responsible for the clinical and educational supervision of the registrar. Additional supervisors may be nominated to assist with supervision and leave coverage.
	 An Academic supervisor with academic tertiary qualification (and who may have a medical qualification) who is responsible for the academic supervision of the candidate and assists the candidate with the Academic Practice project.
	The Supervisor and Training Post Standards has further details on supervisor requirements
Trainee Eligibility	Satisfactory completion of 12 months Core Generalist Training (CGT) component of ACRRM Fellowship training or PGY3+ if not in Fellowship training.
Suggested Prerequisites	Candidates should have core generalist academic practice knowledge and skills, as outlined in the Rural Generalist Curriculum before commencing this AST.
Training Time	Minimum 12 months Full Time Equivalent (FTE) as either full time or part time at no less than 0.5FTE. Car be undertaken in two or more blocks or concurrently with CGT time. Training will usually integrate academic practice experience with clinical practice experience, with approximately 50% in each practice area. Candidates seeking to undertake full time academic practice must seek permission from the College in advance.
Education	Average minimum of four hours of protected teaching time per week should be spent engaged in educational activities related to the AST – see <u>ACRRM Supervisor Guide</u> . A record of education must be kept by the registrar and discussed with the Supervisor and ACRRM Medical Educator regularly throughout training.
	Registrars should participate in education sessions provided by the training post related to research and clinical education See AST Academic Practice Handbook for examples of education activities.
Encouraged Courses	Registrars undertaking this AST are generally working towards, or have completed, related academic qualifications. Refer to AST Academic Practice Handbook for a list of potential courses.
Required Competencies	Advanced Specialised Training Population Health competencies are outlined in the <u>AST Academic Practice Handbook</u> and <u>Rural Generalist Curriculum</u> .
Onsite Assessments	Registrars must submit to ACRRM the following: Four Supervisor reports Plan and Progress Report Advanced Specialised Training should be completed by the registrar and supervisor every three months.
	Three Academic Supervisor reports AST Project Academic Supervisor Report should be submitted three times for a funded Academic Post (four monthly) and twice for a non-funded AST Academic Post (six monthly). Report on the observation and feedback of five teaching/assessment activities (comparable to miniCEX requirement, for academic activities).
External Assessments	Registrars must successfully complete a Project, during the AST, that relates to Academic Practice Project should be original work (at or near Masters Level) completed by the registrar. Options for projects may include research and development of a practical resource or a research project that contributes to current knowledge in a particular discipline and relating to key learning objectives. All projects will require ethics approval. A candidate's AST Project Proposal Form and Academic Supervisor Report Form including details of ethics approval must be submitted to the College for review and approval by the Censor in Chief before commencement of the actual project. Completed projects must include submission of a piece of assessable written work of approximately 4000–5000 words in length.

AST Help Sheet: AST Academic Practice

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