



Australian College of
Rural and Remote Medicine

ABN 12 078 081 848

Vocational Training
Assessment

StAMPS 2010 Practice Examination - Other Practice Scenario (Simulation)

Practice Scenario 2010E

Candidate Reading Material

This scenario requires you to demonstrate consultation skills with a simulated patient.

Your patient is Simone, the non-Indigenous 47 year old Chief Executive Officer of the local council in a remote Indigenous community in Northern Australia with an attached hospital with inpatient beds.

Three weeks earlier Simone presented with a breast lump and fatigue. You arranged a mammogram and breast biopsy, which was conducted in a distant major centre. Simone returns today after being recalled to discuss the results of her tests.

Unknown to her, the results show invasive breast cancer, possible liver involvement with abnormal liver function tests and anaemia of chronic disease with her haemoglobin of reading 8.9 [normal range 11.5-16].

What the Simulated Patient will Reveal when Asked

The simulated patient is Simone Jamieson, a non-Indigenous 47 year old Chief Executive Officer of the local council. Her husband also works in the community as a teacher and she has two children in the local primary school. She went to see the doctor three weeks ago with a breast lump and fatigue. The doctor arranged a mammogram and breast biopsy, which required air travel to a distant centre. She has yet to receive the results.

Her symptoms include being much more tired than normal and are having increasingly severe, constant, dull right upper quadrant abdominal pain, present day and night with associated nausea and anorexia, with associated weight loss. It was present three weeks ago but it was mild and you simply didn't mention it. Now it is unresponsive to paracetamol / codeine or ibuprofen.

Simone is unable to leave the community for five days and requests that you manage her debilitating symptoms in the interim.